

Confirmation Prayers & *Catholic Practices to Know*

Name: _____

SIGN OF THE CROSS

MORNING OFFERING***

O Jesus, through the Immaculate Heart of Mary, I offer you my prayers, works, joys, and sufferings of this day in union with the holy sacrifice of the Mass throughout the world. I offer them for the good of my family and the good of my friends. Please be with me today and protect me forever. Amen.

NIGHT PRAYER***

Dear God, thank you for all the graces You have given me today. Forgive the sins I have committed. Let Your holy angels stand about me; and let your blessing be upon me. Amen

PRAYER TO MY GUARDIAN ANGEL **BLESSING BEFORE MEALS**

GRACE AFTER MEALS***

We give thanks, O Lord, for these your gifts, which we have received from your goodness, through Christ, Our Lord. Amen

OUR FATHER **HAIL MARY** **GLORY BE**

ACT OF CONTRITION

O my God, I am heartily sorry for having offended You, and I detest all my sins, because of your just punishments, but most of all because they offend You, my God, who are all good and deserving of all my love. I firmly resolve, with the help of Your grace, to sin no more and to avoid the near occasions of sin. Amen.

PRAYER FOR THE DEAD

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May they rest in peace. Amen

FATIMA PRAYER

Oh, My Jesus, forgive us our sins, save us from the fires of hell, lead all souls to heaven, especially those who have most need of your mercy.

APOSTLES' CREED

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

HAIL HOLY QUEEN

Hail, holy Queen, Mother of mercy, our life, our sweetness, and our hope, to you do we cry, poor banished children of Eve; to you do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious advocate, your eyes of mercy toward us; and after this our exile show unto us the blessed fruit of your womb, Jesus. O clement, O loving, O Sweet Virgin Mary. Amen.

PRAYER AFTER THE ROSARY

O God, whose only-begotten Son, by His life, death and resurrection, has purchased for us the rewards of eternal life; grant we beseech Thee, that meditating upon these mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen.

PRAYER TO SAINT MICHAEL

St. Michael, the Archangel, defend us in battle. Be our protection against the wickedness and snares of the devil. May God rebuke him, we humbly pray, and do thou, O prince of the Heavenly hosts, by the power of God, thrust into Hell Satan and the other evil spirits who prowl about the world seeking the ruin of souls. Amen.

***Use the version that you know.

TEN COMMANDMENTS

1. I am the Lord your God. You shall not have other gods besides me.
2. You shall not take the name of the Lord, your God, in vain.
3. Remember to keep holy the Lord's Day.
4. Honor your father and your mother.
5. You shall not kill.
6. You shall not commit adultery.
7. You shall not steal.
8. You shall not bear false witness against your neighbor.
9. You shall not covet your neighbor's wife.
10. You shall not covet your neighbor's goods.

HOLY DAYS OF OBLIGATION

Mary, Mother of God, January 1
Ascension of Jesus, 7th Sunday of Easter
Mary's Assumption, August 15
All Saint's Day, November 1
Mary's Immaculate Conception, Dec. 8
Christmas, December 25

SEVEN SACRAMENTS

Baptism Reconciliation Eucharist
Confirmation Holy Orders Matrimony
Anointing of the Sick

FORMULA FOR SACRAMENT OF RECONCILIATION

Priest & Person: In the name of the Father, and of the Son, and of the Holy Spirit. Amen. (Together, make the Sign of the Cross.)

Person: "Bless me, Father, for I have sinned." "It has been ____ weeks (months) since my last Confession." "These are my sins. (Tell your sins). When finished say: "I am sorry for these and all the sins of my whole life."

Priest: Gives words of advice and suggestions. He tells you what to do for penance (Prayers to be said after confession).

Person: Says the **Act of Contrition**

Priest: Gives Absolution (the words which take away sins) ... I absolve you from your sins in the name of the Father, and of the Son and of the

Holy Spirit. (Make the Sign of the Cross as the priest blesses you.)

Person: Amen.

Priest: Go in Peace.

Person: Thank you Father

Parents please initial when your child knows the following prayers.

_____	Sign of the Cross
_____	Morning Prayer
_____	Night Prayer
_____	Prayer to My Guardian Angel
_____	Blessing Before Meals
_____	Grace After Meals
_____	Our Father
_____	Hail Mary
_____	Glory Be
_____	Act of Contrition
_____	Prayer for the Dead
_____	St. Michael Prayer
_____	Apostle's Creed
_____	Fatima Prayer
_____	Hail Holy Queen
_____	Prayer After the Rosary
_____	Ten Commandments
_____	Holy Days of Obligation
_____	Seven Sacraments
_____	Confession Formula